



SESSION 1, 2, 3 SENIOR HOCKEY LEAGUE

MOTHERRS LEAGUE

(Men Over The Hill and Elderly Rink Rats) 40+ Hockey

The MOTHERRS League is a self governed adult hockey league created for persons age 40 and over. It's main goals are to create balanced teams and play competitive games with good sportsmanship. Penalties that are deemed as an intent to injure (checking into boards, fighting, etc.) are severely dealt with. The first occurrence results in a minimum of a one game suspension. The second occurrence results in being suspended from the league.

Games consist of three 17 minute periods. No checking.

The Fall 2009 session will consist of 14 regular season games plus payoffs.

The league is limited to eight teams of 11 skaters and one goalie. Skaters must be 40 years or older by the first game of the season. Players are accepted in order of seniority. Seniority goes in order of players who are currently playing (excluding the summer session), past players, and new players. Ties within each seniority level are broken by when the payment was received.

For more information email Dave Goble at dave@goble.org or call The Edge at 616-738-0733. (Note that The Edge does not run the league but they will be happy to answer questions.)

SENIOR LEVEL (NON-CHECKING)

Level C – Senior Level (Age 40 & Older)

SESSION DATES

SESSION 1 - Fall Season - Starts in September - Sign-ups in August

SESSION 2 - Winter Season - Starts in January - Sign-ups in December

SESSION 3 - Summer Season - Starts in May - Sign-ups in April

